

CCS WOMEN'S INDOOR TRACK & FIELD 2016 SEASON BESTS

<u>60 METERS</u>	<u>MARK</u>	<u>DATE</u>	<u>MEET</u>
1. Hayley Otholt	8.40	1/23/16	WSU Open
2. Stephanie Wright	8.53	1/17/16	Vandal Invite
3. Jaida Burgess	8.56	1/23/16	WSU Open
4. Alyssa Rhoads	8.85	1/23/16	WSU Open
5. Elvanie Simpson	9.09	2/06/16	Cougar Invite

<u>200 METERS</u>	<u>MARK</u>	<u>DATE</u>	<u>MEET</u>
1. Isabel Clark	27.27	2/06/16	Cougar Invite
2. Alysha Overland	27.42	1/17/16	Vandal Invite
3. Harley Strobe	27.76	2/06/16	Cougar Invite
4. Shannon Johnson	28.72	1/17/16	Vandal Invite
5. Katie Collins	28.84	1/23/16	WSU Open
6. Maddie Brown	28.95	1/17/16	Vandal Invite
7. Hayley Otholt	29.26	1/23/16	WSU Open
8. Holly Cackle	29.46	2/06/16	Cougar Invite
9. Megan Russell	29.53	2/06/16	Cougar Invite
10. Alyssa Rhoads	30.20	1/23/16	WSU Open
11. Elvanie Simpson	30.98	2/06/16	Cougar Invite

<u>400 METERS</u>	<u>MARK</u>	<u>DATE</u>	<u>MEET</u>
1. Harley Strobe	1:01.51	2/06/16	Cougar Invite
2. Alysha Overland	1:01.92	1/23/16	WSU Open
3. Isabel Clark	1:02.43	1/17/16	Vandal Invite
4. Katie Collins	1:02.94	1/17/16	Vandal Invite
5. Justine Del Medico	1:03.84	2/06/16	Cougar Invite
6. Holly Cackle	1:05.89	2/06/16	Cougar Invite
7. Anna Cartee	1:06.21	1/17/16	Vandal Invite
8. Olivia Pakootas	1:08.39	1/23/16	WSU Open
9. Rachel Ward	1:11.55	1/23/16	WSU Open

<u>60 METER HURDLES</u>	<u>MARK</u>	<u>DATE</u>	<u>MEET</u>
1. Katie Collins	10.03	2/06/16	Cougar Invite
2. Isabel Clark	10.12	1/17/16	Vandal Invite
3. Anna Cartee	10.28	1/17/16	Vandal Invite
4. Katie Collins	10.47	1/23/16	WSU Open
5. Rachel Ward	11.04	2/06/16	Cougar Invite
6. Maddie Brown	11.09	1/23/16	WSU Open

<u>1600 METER RELAY</u>	<u>MARK</u>	<u>DATE</u>	<u>MEET</u>
1. I. Clark, K. Collins, J. Del Medico, H. Strobe	4:11.20	2/06/16	Cougar Invite
2. I. Clark, J. De IMedico, A. Overland, H. Strobe	4:11.45	1/23/16	WSU Open
3. I. Clark, A. Cartee, K. Collins, S. Wright	4:17.00	1/17/16	Vandal Invite
4. J. Del Medico, H. Cackle, M. Brown, H. Otholt	4:22.89	1/17/16	Vandal Invite
5. R. Ward, H. Cackle, H. Otholt, S. Wright	4:28.60	2/06/16	Cougar Invite

<u>HIGH JUMP</u>	<u>MARK</u>	<u>DATE</u>	<u>MEET</u>
1. Olivia Pakootas	5-01.00	1/17/16	Vandal Invite
1. Rashae Spencer	5-01.00	2/06/16	Cougar Invite
3. Maddie Brown	4-11.00	1/23/16	WSU Open

<u>POLE VAULT</u>	<u>MARK</u>	<u>DATE</u>	<u>MEET</u>
1. Stephanie Wright	11-07.75!	2/06/16	Cougar Invite
2. Hayley Otholt	10-02.00	2/06/16	Cougar Invite

<u>LONG JUMP</u>	<u>MARK</u>	<u>DATE</u>	<u>MEET</u>
1. Alyssa Rhoads	15-04.25	2/06/16	Cougar Invite
2. Jaida Burgess	14-08.00	1/23/16	WSU Open
3. Megan Russell	14-01.75	2/06/16	Cougar Invite

<u>TRIPLE JUMP</u>	<u>MARK</u>	<u>DATE</u>	<u>MEET</u>
1. Alyssa Rhodes	35-07.75	2/06/16	Cougar Invite

<u>SHOT PUT</u>	<u>MARK</u>	<u>DATE</u>	<u>MEET</u>
1. Toa Levi	40-09.75	2/06/16	Cougar Invite
2. Nyirenda Ross	37-06.75	2/06/16	Cougar Invite
3. Yvonne Kilgour	35-09.25	2/06/16	Cougar Invite
4. Jamila Schaffer	31-04.00	2/06/16	Cougar Invite