

# WAR X -- WA vs. OR/ID/MT -- SCHEDULE

All events at Spokane Falls Community College

## Friday, April 7, 2017

3:00 pm Men's Hammer Throw (2 Flights), Women to follow (2 flights)

7:00 pm Men's 10k, Women to follow (SFCC campus)

## Saturday, April 8, 2017

### Field Events

10:00 am Women's Discus (2 flights), Men to follow (2 flights)

10:00 am Women's Javelin, Men to follow

Men's Shot Put, Women to follow

10:15 am Men's Long Jump, Triple Jump to follow

Women's Long Jump, Triple Jump to follow

Women's Pole Vault

Men's Pole Vault to follow (approx. 12:30 pm)

- Flight 1 (PR 14' 0" and under)

- Flight 2 to follow

11:00 am Men's High Jump, Women to follow (approx. 1:00 pm)

### Track Events

9:00 am Women's 5,000m "Section 1"

9:30 am Men's 5,000m "Section 1"

9:50 am Women's 1500m "Section 1"

10:00 am Men's 1500m "Section 1"

10:10 am Women's 3k Steeplechase

10:30 am Men's 3k Steeplechase

10:50 am Women's 4 x 100m Relay

10:55 am Men's 4 x 100m Relay

11:00 am Women's 1500m "Section 2"—Faster section

11:10 am Women's 1500m "Section 3"—Faster section

11:20 am Men's 1500m "Section 2"—Faster section

11:30 am Men's 1500m "Section 3"—Faster section

11:40 am Women's 100m Hurdles

11:55 am Men 110m Hurdles

12:10 pm Women's 400m

12:20 pm Men's 400m

12:30 pm Women's 100m

12:40 pm Men's 100m

12:50 pm Women's 800m

1:05 pm Men's 800m

1:20 pm Women's 400m Hurdles

1:35 pm Men's 400m Hurdles

1:50 pm Women's 200m

2:05 pm Men's 200m

2:20 pm Women's 5,000m "Section 2"—Faster section

2:45 pm Men's 5,000m "Section 2"—Faster section

3:05 pm Women's 4 x 400m Relay

3:20 pm Men's 4 x 400m Relay